



GYM & POOL OPENING HOURS

Monday to Friday	07:00 - 21:45
Sat/Sun/Bank Holidays	08:15 - 20:30
Children Welcome	10:00 - 19:00

STATE OF THE ART GYMNASIUM

**PERSONALISED FITNESS PROGRAMMES
TAILORED TO YOUR SPECIFIC GOAL**

**FULL ENTERTAINMENT SYSTEM
WHILE YOU WORK OUT**

**20M DECK POOL, 3 FEATURE POOLS
AND JET MASSAGERS**

SAUNA, STEAM ROOM AND FITNESS STUDIO

**FREE FITNESS ASSESSMENT AND
FULL RANGE OF FITNESS CLASSES**



MEMBERSHIP

CATEGORY	ANNUAL	DIRECT DEBIT INITIAL PAYMENT	DIRECT DEBIT MONTHLY FOLLOW ON
INDIVIDUAL	€750	€225	€75
COUPLE	€1250	€375	€125
FAMILY UP TO 2 ADULTS & 3 KIDS	€1395	€435	€145
STUDENT	€650	€195	€65
ADDITIONAL YOUTH UP TO 16 YEARS	€195	€60	€20
OVER 55's	€650	€195	€65
COUPLE OVER 55's	€1050	€315	€105

*Direct Debit minimum 12 month contract | *Initial payment covers first and final two months of membership

Above rates are for 2026. **Classes are strictly members only.**
Please book in advance to avoid disappointment.